

F1 Knowledge Organiser – Change for Life



Vocabulary

- **Life-Cycle:** Steps in the cycle of a plant or animal.
- **Caterpillar:** A fuzzy worm-like creature that turns into a butterfly.
- **Butterfly:** A flying insect with colourful wings.
- **Cocoon:** A silky case spun by a caterpillar for protection.
- **Farm:** An area of land and its buildings, used for growing crops and rearing animals.
- **Farm animal:** An animal that lives on a farm.
- **Decay:** Rotting and gone bad.
- **Healthy:** To feel good.
- **Fruit:** Something sweet that grows on trees and other plants, that has seeds inside and can be eaten as food.
- **Vegetable:** A plant or part of a plant that you can eat and is good for you.
- **Leaf:** The flat and thin part of a plant.
- **Stem:** The part of a plant that holds the branches, leaves and fruits.
- **Root:** The part of the plant that holds it in the ground.

Key Questions

- Can you tell me the life-cycle of a butterfly?
- Can you tell me the life cycle of a chicken?
- Can you name a fruit?
- Can you name a vegetable?
- What fruits does the hungry caterpillar eat?
- What is your favourite fruit/vegetable?
- What does it taste like?
- What grows on a farm animal?
- Can you name the baby farm animals?
- How do you grow a bean seed?
- How do you look after your bean seed?
- How do you brush your teeth?
- What happens if you eat lots of sugar and don't brush your teeth?

Facts & Skills

- Can talk about the life cycle of a butterfly and chicken.
- Can talk about ways to keep healthy.
- Can name different fruits and vegetables.
- Can say which fruit and vegetables they like the best.
- Can talk about what a farm is.
- Can name some of the farm animals and their babies.
- Can match the baby animals to their mothers.
- Can demonstrate how to brush their teeth.
- Understands why it is important to brush their teeth.