

Grange Lane Infant Academy Physical Education Policy – April 2018

Our Vision

At Grange Lane Infant Academy, we aim to provide children with a safe, supportive and inclusive environment in which they can develop their independence, team work skills and ambition within Physical Education, through fun, stimulating activities, enabling them to lead healthy, active lifestyles.

Aims

- To promote enjoyment of physical activity and healthy lifestyle
- To develop a knowledge of safety
- To promote positive attitudes and provide life-long skills to lead to a healthy lifestyle
- To develop team work skills, fair play and sportsmanship
- To develop confidence and self esteem
- To provide equal opportunities for all
- To discover children's interests and talents

Scheme of Work

We use two schemes of work alongside each other; Real PE and the Mini-Kicks curriculum. This allows children to learn a large, varied amount of skills through the use of games and activities. They also encourage good sportsmanship in the form of coaching and celebrating others success. The focus in Real PE is not just on the children mastering the skills, but also on their cognitive, social, personal, physical and creative skills within the subject. Mini-Kicks also encompass all of this into their PE lessons as well as assessing the children continuously and providing baselines and assessments for staff to build upon in their own lessons.

The Daily Mile

As a school, we take part in The Daily Mile. Every day, all year groups F2-Y2 go on The Daily Mile where they either walk a mile, or for 15 minutes (whoever is longest). This is having an impact on children's readiness to learn when they re-enter the classroom as well as providing more physical activity.

Early Years Foundation Stage

We encourage physical education as part of our everyday routine within the Foundation Stage. It is embedded into our teaching and learning, allowing children to access exercise and the outdoors on a daily basis. We follow the objectives set out in the Early Years Foundation Stage Curriculum which encompass 'Moving and Handling' and 'Health and Self-Care'. Children within the Foundation Stage have access to both indoor and outdoor P.E and have the chance to develop their skills in a variety of situations. Children in Reception receive one hour of P.E a week (30mins by Mini-Kicks and 30mins with staff) as well as continuous outdoor provision.

Key Stage 1

In Years 1 and 2, we follow the objectives of the National Curriculum which involves children taking part in dance, gymnastics and games each week. Teachers plan exciting, stimulating lessons which are accessible for all children using the Real PE and Mini-Kicks scheme. Key Stage 1 classes also has access to a large outdoor area which children access regularly as another form of P.E and exercise. Children in Key Stage 1 receive one hour of P.E each week (30mins by Mini-Kicks and 30mins with staff) in addition to outdoor provision and lunchtime clubs.

Staff Development

The P.E Coordinator audits teaching staff knowledge and confidence in P.E and identifies where support is needed. This allows staff to receive training where needed and develop their skills. The P.E Coordinator accesses regular training courses and disseminates to colleagues.

Out of School Learning

Children are invited to access P.E specific clubs either during dinner times or after school. We currently have Mini-Kicks running lunchtime clubs for KS1 children and Cre8ive Dance and Mini-Kicks running Street Dance after-school. Parents

are often invited to these clubs for an end of term performance. Reception children can attend Healthy Cooking Club. We often send letters out auditing our clubs and asking parents for ideas for new clubs.

Health and Well-Being

All children are encouraged to lead a healthy, active lifestyle. We currently cater for this through our relationship with Chartwells (who provide our healthy school lunches) who we are looking into involving more within our school. Within the Foundation Stage, we focus on Health and Self-Care where we learn to dress ourselves and recognise the need for healthy food, exercise and the need for sleep. Reception children also have access to a Healthy Cooking after-school club where they learn about the importance of eating healthily and have a go at cooking healthy meals.

Safe Practice

- Children must bring P.E kits (black/blue shorts, white t-shirt, pumps)
- Long hair must be tied back
- Jewellery must be removed or covered (children should bring plasters to school)
- Equipment is checked before use

Sports Premium

The government is providing additional funding to primary schools for the academic year 2017-2018 to improve provision of physical education, sport and health and well-being. Grange Lane will receive £16,297.29 this year. We plan to use this money in several ways:

- Mini-Kicks package (lunchtime clubs, nurture groups, sports days, mini coaches, competitions and much more)
- Subsidised after school sports clubs run by qualified external coaches (Cre8ive Dance and more to follow)
- Health and well-being sessions with Chartwells
- Focus on health and well-being within school