



Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal (Meat option)	Chicken pasta bake with crusty bread	Mince & onion pie with mashed potato & gravy	Roast turkey & with roast potatoes & gravy	Chicken curry & rice with naan bread	Fish and chips served with baked beans or garden peas
Main Meal (Vegetarian)	Tomato pasta bake with crusty bread	Cauliflower & broccoli pasta bake with garlic bread	Quorn roast with Yorkshire pudding	Macaroni cheese & garlic bread	Cheese whirls served with baked beans or garden peas
Side choices	 Seasonal vegetables Salad bar Fresh Bread 	Seasonal vegetables Salad bar Fresh Bread	Seasonal vegetables Salad bar Fresh Bread	Seasonal vegetables Salad bar Fresh Bread	Seasonal vegetables Salad bar Fresh Bread
Dessert selection	Jam sponge & custard	Chocolate sponge & custard	Chocolate cookie	Vanilla sponge & custard	Shortbread & mandarins
Fresh Fruit / Yoghurt	 Fresh fruit and yoghurt 	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt
Jacket Potato / Sandwich option	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection



MENU



Quench your thirst with free fresh drinking water available daily



- 1 OF YOUR 5 A DAY



- HEALTHY OPTION